

## MOUNTAIN MINT

### *PYCNANTHEMUM TENUIFOLIUM*

#### PLANT CHARACTERISTICS

##### Size

2-3' high, 2-3' wide

##### Sun/Shade

Full sun to part shade

##### Water

Dry to medium

##### Maintenance

Low

##### Life Span

Herbaceous perennial, Zones 4-8



##### Description

This plant has showy white flowers that bloom from July to September. All parts of the plant smell of mint when crushed. Drought and clay soil tolerant. Can be grown in border or naturalized areas. No serious insect or disease problems.

Source: [Missouri Botanical Garden Plant Finder](#)



Have questions or need help?  
Contact us at [GreenHelpLine@gmail.com](mailto:GreenHelpLine@gmail.com).

