

CATMINT

NEPETA RACEMOSA

PLANT CHARACTERISTICS

 Size

2.0 – 2.5' high, 2.5 – 3.0' wide

 Sun/Shade

Full Sun to Part Shade

 Water

Medium to Dry

 Maintenance

Low

 Life Span

Herbaceous Perennial, Zones 4-8



 Description

Nepeta racemosa, also known as Catmint, is a low growing herbaceous perennial with blooms occurring April through September of small lavender-blue flowers. The leaves are highly aromatic when crushed or bruised. It grows in clumps which tend to spread manageably. Removing spent flower stems will encourage continued bloom into fall. Catmint attracts hummingbirds, butterflies and other pollinators and is resistant to deer, drought and dry soils.

Source: [Missouri Botanical Garden](#), [NC State Cooperative Extension](#)



Have questions or need help?
Contact us at GreenHelpLine@gmail.com.

