

LEMON BALM

MELISSA OFFICINALIS

PLANT CHARACTERISTICS

Size

1.5'-2' high, 1.5-3' wide

Sun/Shade

Full sun to Part shade

Water

Dry to Medium

Maintenance

Low

Life Span

Herbaceous perennial, Zones 3-7

Description

This plant is a bushy perennial of the mint family that is typically grown in herb gardens and border fronts for its lemon-scented leaves. It is native to southern Europe but has escaped gardens and naturalized in many parts of the US, including the East. Leaves are edible and maybe added to salads, soups, sauces or vegetables. Leaves are also used to flavor tea. No serious insect or disease problems, but powdery mildew, leaf spot, leaf blight and gray mold may occur.

Source: [Missouri Botanical Garden Plant Finder](#)



Have questions or need help?
Contact us at GreenHelpLine@gmail.com.

