

JERUSALEM ARTICHOKE

HELIANTHUS TUBEROSUS

PLANT CHARACTERISTICS

 Size

6 – 10' high, 3 – 5' wide

 Sun/Shade

Full Sun to Part Shade

 Water

Dry to Medium

 Maintenance

Low

 Life Span

Perennial, Zones 3-9

 Description

Helianthus tuberosus, also known as Jerusalem Artichoke, Sunchoke and Sunroot is a member of the sunflower family with yellow blooms occurring in August and September. Its tubers are planted in gardens after the last frost date and in an area avoiding strong winds. It is considered a weedy and invasive plant and is hard to get rid of once planted in an area so avoid planting where it can encroach on other valuable plants. In the 1600's the tubers were a valuable source of food and were eaten both raw and cooked with a taste similar to artichoke. The blooms attract butterflies and the seeds attract birds.

Source: [Missouri Botanical Garden](https://www.mobot.org)



Have questions or need help?
Contact us at GreenHelpLine@gmail.com.

