

SWAMP MILKWEED

ASCLEPIAS INCARNATA

PLANT CHARACTERISTICS

 Size

3 - 5' high, 2 – 3' wide

 Sun/Shade

Full Sun

 Water

Medium to Wet

 Maintenance

Low

 Life Span

Herbaceous Perennial, Zones 3-6



 Description

Asclepias incarnata, also known as Swamp Milkweed, Butterfly Flower and Silkweed, is an herbaceous perennial grown in full sun and wet to moist soils but will tolerate average, well-drained soils. Its leaves are a good food source for the Monarch Butterfly Caterpillar. The stems ooze a milky sap if they are cut or bruised. Swamp milkweed blooms July through August with clusters of pink, mauve or white flowers that turn to 2 – 4" long warty seed pods. Once these seed pods ripen, they split open releasing their silky tailed seed to the wind to live again. It is found in swampy areas and open wet meadows. Swamp milkweed attracts butterflies and is resistant to deer and has no serious insect or disease problems.

Source: [Missouri Botanical Garden](https://www.missouri-botanical.com/)



Have questions or need help?
Contact us at GreenHelpLine@gmail.com.

